

## **Higher Sense Perception Mastery**

A 21 day course in healing, reconfiguring  
and perceiving with intuitive and psychic abilities.

There are already many books and courses about reading energy, being intuitive or increasing psychic abilities. All are the natural result of higher sense perception. This 21-day course, however, starts with the premise that we are already intuitive and psychic. For these abilities to become useful to us, we must understand how we perceive with our senses and to be able to discern when we are perceiving from a state of woundedness, defendedness or a state of wholeness. In other words—we must become conscious of our higher sense perceptions and understand how they work.

Higher Sense Perception Mastery is the beginning of a greater conscious understanding of who you are and how you uniquely perceive. Mastery of psychic and intuitive skills can't be done in 21 days...in fact it could take a lifetime. But the mastery of a set of tools that can lead you to awakened higher sense perception is possible. The application of the tools can be used for years to come. This course will give you tools to work with, as well as create a foundation of whole and balanced senses, the basic requirement for successful higher sense perception.

Why would we want to awaken or become more conscious of our higher sense perception? I believe that Earth is meant to be, not only a nonpolluted receiver of cosmic, divine information, but also a sender of that information to other points in the Universe. With our higher sense perception we can align to that plan, viewing the Earth as a living, conscious being versus dead matter that needs to be exploited.

Before I explain more about the course and how it works, let's take a minute and look at the senses, as we use them in the physical world and, as we use them in a higher sense realm.

### **Our Physical and Higher Senses**

Your body is an incredible organism that is made to sense the environment around it and make sense of it. There are far senses: vision, hearing, taste, smell and touch and there are near senses: tactile, vestibular and proprioceptive. The near senses are for providing information from within our bodies such as where we are located in space; orchestrating balance and movement; and interpreting sensations of heat and cold. In our embryonic state, they develop first and serve as the foundation for the far senses. The far senses let us know what is going on around us so that an adequate response can be made.

This is where we leave western science. Humans are more than just biological organisms. We are also souls. From this part of ourselves springs a third level with our senses...perhaps they can be called the “way out there senses” after near and far senses. These senses are more about our spiritual body than our physical, mental or emotional bodies. They are called the higher sense perceptions because they perceive what science is slowly beginning to perceive...other dimensions. We are hardwired to have higher

sense perception but for these senses to work well, the foundational elements of the near and far senses must be in an open and undefended state.

Sensory defendedness is a rising epidemic. We live in a social world that is increasingly too fast, loud, bright, flashing and out of balance with natural rhythms of nature. Our biological senses developed in synchrony with nature. As more and more is thrown at them in smaller and faster bytes, we reach thresholds of overwhelm. Our systems begin to shut down, we disorient, and if it continues for a long period of time we develop psychological and physical problems.

In the natural order of development, our higher sense perceptions open slowly as our biological perceptions grow with personal development. Certain kinds of trauma, however, can “blow open” our senses before we are developmentally ready for higher sense perception. Being in heightened states of fear for a long period of time, birth trauma, and chronic illness can all lead to a sudden opening of our higher sense perceptions.

The planet is currently in its own transformation of consciousness and receiving tremendous amounts of incoming energies. These energies are of a higher vibrational frequency than we currently hold. They can suddenly “awaken” us, a term used to describe a sudden conscious awareness of our higher sense perceptions and the realms beyond the material one we live in.

### **The Higher Sense Perception Course**

What can you expect if you choose to participate in the 21-day course? That’s a good question and one that may not have an answer until you’re done. The overall scope of the course covers:

- Week one: Healing the Senses. Traumatic events overlay distorted energetic patterns on our senses and the brain’s interpretation centers. These need to be healed and released for higher sense perception to function fully. Positive side effects of this healing are better functioning of the endocrine system, release of hyper and hyposensitivity and turning off of chronic fight or flight mechanisms.
- Week two: reconfiguring the senses for ease of perceiving in higher realms
- Week three: interpreting with higher sense perception

The tools that create the framework for the course are:

- Crystalline Consciousness Technique™
- CCT Sacred Geometry Healing Chambers
- Crystal Vibration and Universal Needs Divination Decks
- Crystalline System
- Bach Flower Essences
- Energy healing and holographic information from the guides.

I will cover the tools more in depth a little later.

Each day will have an area of focus with information from the guides (and from me when it helps the context), a healing meditation and further guidance or resources. What you personally get out of the course will be determined by many factors including where you are personally and spiritually. Just like yoga, wherever your level of stretch or growth is, is exactly appropriate for you and not to be measured against others. As you continue to grow you can take this course again and again for new levels of mastery.

### **Donation:**

There are two levels within the course—a conscious level and an energetic level. The energetic level, which contains holographic information and healing, becomes activated in your field when you donate financially. The suggested amount for a donation is any multiple of 21 (21, 42, 63, etc.) Donate whatever feels comfortable to your budget. Of the total donated, 10% will be donated to heifer.org, an organization dedicated to eradicating hunger on the planet by empowering humans with their own food supply. In this way we multiply our individual intentions into powerful group intentions.

To donate, you may go to my blog [www.scienceofenergyhealing.com](http://www.scienceofenergyhealing.com) and donate through Paypal. Or send a check to: gia combs-ramirez, P.O. Box 1158, Ennis, MT 59729.

### **The Tools used in the HSP Course:**

**Crystalline Consciousness Technique™**: Also known as CCT, this technique allows healing and information to come in from the cosmic, creative field (aka Crystalline Consciousness) without distortion. The very media that we use is creating one of the biggest causes of distortion. Television, radio, internet, cell phone and satellite transmissions create a field of radiation not only with their technology but also with the majority of the information that is being transmitted through these fields of radiation. This distorted information depicts us as living in a materialistic, disempowered world ruled by greed, fear and the enslavement of human consciousness to a few powerful individuals or corporations.

With the right tools, such as CCT, we can bring in clear cosmic information in alignment with our living, conscious planet. Healing and higher sense perceiving is easy and instantaneous when it comes in without distortion.

There are three phases in CCT, which mirror the natural process of growth and transformation. The first phase helps a person move out of the reptilian brain of survival and into the frontal lobe where feelings of peace and oneness exist. The second phase uses sacred geometric shapes infused with the vibration of CCT. Each shape has a significant meaning and task that helps prepare the person for the work that follows. At this point conscious intent is brought in. Not a phase in itself, conscious intent is the empowered stance of spiritual free will and choice. In this course, each day's lesson is conscious intent. The final phase in CCT works with the core column of light that runs through the body. During this phase, spiritual growth and transformation occurs, as soul tasks, those lessons we have come to learn, are effortlessly mastered.

You can notice these three phases by their feeling states:

Phase One: Opening. Deep relaxation and peace.

Phase Two: Healing Chambers. This phase can feel uncomfortable because the distorted patterns pass through the conscious mind just before exiting forever. Old states of being that we thought we left behind surface and are right “in our faces!” If we are in resistance to these feelings, this phase can be uncomfortable and last longer. As you become more familiar with the natural cycles of growth and change, you will know that this phase is always followed by a sudden shift into clarity and well being. Eventually it becomes easier to release resistance and allow the old patterns to lift out gracefully and easily.

Phase Three: This phase feels smooth, grounded and expanded. It’s a direct experience of grace.

CCT is used in the background to create the course and also with each day’s lesson. In the instructions for the course, this is explained more fully.

**CCT Sacred Geometry Healing Chambers:** In phase two of a CCT protocol, sacred geometry shapes infused with the vibration of CCT, are used. Known as healing chambers, they can also be used during the point of intention to create a geometrical configuration, a special hologram that carries a great deal of information for the energy body and energetic systems in the body. The geometrical configurations used in the 21-day course are created with one of the healing chambers and three words from the Crystal Vibration and Universal Needs Divination Decks (also part of CCT).

The five Healing Chambers and their meanings are presented in Appendix B of this document.

**Crystal Vibrations and Universal Needs Divination Deck:** Divination decks are a great tool for accessing and using higher sense perception. The two decks used in this course consist of high vibrational words and are used to create holographic intentions—sentences that carry energetic information. To facilitate your understanding, the CCT definitions are given for the CV and UN words in Appendix C of this document. (Hopefully all these acronyms aren’t sending you into sensory overwhelm!)

### **Crystalline System**

This system is a newly activated information system of the body. It has the ability to receive tremendous amounts of information without shorting out (Central Nervous System), overloading (Immune System), or falling out of rhythm (Craniosacral System). To read more about it please go to [www.scienceofenergyhealing.com/the-emerging-crystalline-system/](http://www.scienceofenergyhealing.com/the-emerging-crystalline-system/).

**Bach Flower Essences:**

Flower essences are a form of homeopathy that heals with vibrational patterns. In this course, Pan, the head of the Nature Spirits, brings them in vibrationally. If you have Bach Flower Remedies or Essences, you can take them directly; otherwise use your higher sense perceptions to perceive the subtle shifts in your energy when they're brought in vibrationally. Brief descriptions will be given of the Bach flower essences in Appendix D.

**Energy Healing and Holographic Information from the Guides:**

The guides that are working with the HSP course are the CCT guides, the Brotherhood of Light, Devas of Healing and Higher Sense Perception, Pan, head of the Nature Spirits, Lords of Karma and the Andromedan guides that I work with. Information is brought in through your Crystalline System, a system that can hold a great deal of information without "shorting out" or falling out of balance. See above for more info.

This information works with your healing mechanisms for healing and your energy systems for increasing vibration throughout your whole being. This increased vibration brings a coherency throughout your multidimensional self, essential elements for conscious higher sense perception.

It is important to know that all healing and spiritual growth takes place in the energy body first, and then moves into conscious awareness. Most of us try to change consciously first, then expect the energy shift. It doesn't work that way. Allow your higher sense perceptions to observe the energetic shifts that are occurring, knowing that the conscious understanding will come later when the shift has finished. This practice hones higher sense perception and places the conscious mind in right relationship. A win/win for everyone!

Note: Spiritual free will and choice is the highest soul task to master on this planet. The guides working with this course completely honor each individual's free will and choice. Because they only deliver information to you, your energy body and all healing mechanisms are free to choose, not only whether to use that information or not, but also when to use that information. Remember that some information is for healing, other for raising vibration.

2<sup>nd</sup> note: CCT creates a great deal of protection for a person who is working with subtle energetic beings and also ease in integration. However, if at anytime you get uncomfortable during the course, simply state that you are stopping. Wait a while and see if you are more comfortable at a later time.

### **Instructions for Reading the Daily Lesson:**

It is recommended that you read each day's lesson/meditation/healing at the same time. Optionally, you allow 30-35 minutes for the whole process.

1. Before reading the daily lesson, sit in quiet contemplation for five to ten minutes. Bring your awareness from your far senses (outside of yourself) to your near senses (feeling your body state). This will allow CCT phase one and two to come into place.
2. Next read the daily lesson. You will be asked to pause at certain points to allow energetic shifts to occur. Your mind doesn't need to do anything but observe these shifts.
3. Take a moment and read the definitions of the tools for that day (Crystal Vibrations, Universal Needs, Healing Chambers, Bach Flower Essences). After reading and allowing the energetic shifts, sit quietly for another 5 minutes for the completion of phase three.
4. Keep a journal during the 21 days and chronicle what you begin to observe with higher sense perception. An important aspect of awakening to higher sense perception is to notice it. Write down whatever comes to mind without editing it or fear of being wrong or crazy.
5. Optimally, do one lesson every day for 21 days. However, if you miss a day, just pick up the course the following day (or when you can). There's more energy shifting throughout the day and night after reading the lesson. Please don't double up on lessons, because it will short change the energetic shifting.

### **If you are a Basic CCT practitioner:**

You may take care of your own CCT protocol, invoking Phase one and two. Next state: I ask to anchor in the following intention as stated (read the daily lesson). Complete with Phase three.

### **If you are an Advanced CCT practitioner:**

You may use three Seed of Life Soul Charts, much like a 21-day process. At the point of intention anchor in the daily lesson (then read it).

**Important: One of the most important tools to have for Higher Sense Perception is muscle testing. If you already have a form of muscle testing (including pendulums), use that form. If you are new to muscle testing, please read this post <http://www.scienceofenergyhealing.com/communicating-with-guides/> to learn. Start practicing now before the course starts on August 2.**

## Appendix A Suggested Reading and Other Resources

### **Books:**

*Too Loud, Too Bright, Too Fast, Too Tight* by Sharon Heller  
Explains sensory defendedness

*When Listening Comes Alive* by Paul Madaule  
Reawakening your skills at listening for improved communication, creativity and learning ability, allowing a fuller and more energetic life.

*The Roar of Silence* by Don Campbell  
Helping the individual attune to the universal sound and find the resonance within

*Touching* by Ashley Montague  
The definitive book on the importance of touch and mental and physical health.

*Miracle Eyesight Method* by Meir Schneider  
Heal and improve your sight (and insight)

*Brain Gym* by Brian Dennison and Gail Dennison  
Whole brain integration through simple movements

*The Alchemy of the Nine Dimensions* by Barbara Hand Clow  
Explains the nine dimensions that we live in and the distortions that take place

*CoCreative Science* by Machaelle Small Wright  
Explains about Nature Spirits, Brotherhood of Light and how to create balance in healing.

*Creation Reiki* by gia combs-ramirez  
A complete guide for learning all three levels of Reiki, including attunements. The attunements increase your vibrational level and higher sense perceptions. Includes a chapter on muscle testing, an excellent way to communicate with guides and to check your interpretation of higher sense perception. To order visit the store at [www.ccthealing.com](http://www.ccthealing.com).

*The Encyclopedia of Bach Flower Therapy* by Mechthild Scheffer  
An up-to-date reference on all of the Bach Flower Therapies.

*Essential Oils Desk Reference* compiled by Essential Science Publishing  
The definitive guide for essential oils and using them for increasing vibration throughout the body.

## **Crystalline Consciousness Technique™ Resources**

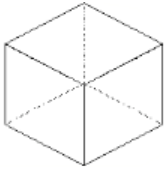
[www.ccthealing.com](http://www.ccthealing.com) The Crystalline Consciousness Technique website has more information about this dynamic new technique in human potential including classes, weekly divined intentions, and a free audio mini session.

*Crystal Vibrations Divination Deck:* 23 high vibrational words that can be used to communicate with your higher self and guides and create intentions. Can be ordered at the store on [www.ccthealing.com/](http://www.ccthealing.com/).

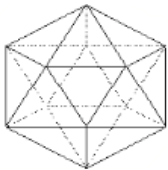
*Universal Needs Divination Deck:* The 11 universal needs that all humans need to achieve to be fulfilled. Can be ordered at the store at <http://www.ccthealing.com/>.

*Setting Up Your Energy Fields CD:* This CD features a meditation to set up your energy field for higher vibration. It also sets up a group energy field, which can be used with your guides to increase information exchange. Can be ordered at the store at <http://www.ccthealing.com/>.

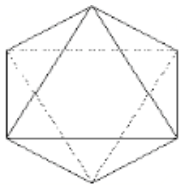
## Appendix B: Healing Chambers and their Meanings



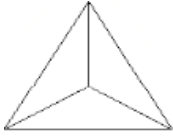
- **Empowerment.** Shape: Cube. Element: Earth. Challenge Addressed: Out of Balance.
- This shape connects our conscious mind to the consciousness of the DNA allowing for a deep sense of connection with our most known sense of self. We can often feel an inner “homecoming” with this healing chamber. It balances all the elements.



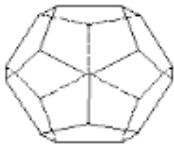
- **Crystalline Emotion.** Shape: Icosahedron. Element: Water. Challenge Addressed: Lack of vital life force energy.
- This healing chamber brings our emotional expression from the lower frequency ranges of anger, fear, and grief into the higher emotional frequencies of love, joy, bliss, contentment, and peace.



- **Multidimensional Time.** Shape: Octahedron. Element: Air. Challenge Addressed: Out of sync/Timing.
- All healing and manifesting involves timing components. If we are out of sync with internal and external timing components, we not only fall into dis-ease but we cannot manifest what our heart most yearns to create on the planet.



- **Pure Essence.** Shape: Tetrahedron. Element: Fire. Challenge Addressed: Inability to assimilate light.
- This healing chamber works with light. Our cells and DNA communicate through the medium of light. To maintain health and vital well being we need to be able to work with and assimilate light. Pure Essence increases the light quotient throughout the body at cellular levels.



- **Creation.** Shape: Dodecahedron (soccer ball). Element: Love (holds all other elements). Challenge Addressed: Distorted energetic patterns.
- This healing chamber works with the blueprints of form on all levels. When we are spiritually growing and expanding we need to bring in new blueprints of higher order and organization for our systems. Creation brings in the new blueprints or energetic templates.

## **Appendix C: Crystal Vibrations and Universal Needs**

**Appreciation**—sensitive awareness; grateful. Creates a bridge for divine healing when expressed from the heart. CV

**Autonomy**—One of the soul’s tasks on this planet is to master spiritual free will and choice or autonomy in a physical body. When fully developed we can cocreate our human experience from an energetic stance of empowerment. UN

**Balance**—stability; harmony of various elements. A neutral field of energy without distortion, that allows for clear manifestation. CV

**Belonging**—As children we develop a sense of belonging within our families, then our communities. This is a biological developmental task. The soul has a related task for developing a sense of belonging to humanity and this planet. When developed fully then our energetic stance is completely grounded, as we feel supported by life. UN

**Celebration** —We live in a Universe of infinite creation including life itself. This act of creation occurs in a field of energetic joy. Through celebration, the soul and biological self join in joy, with the creative forces of life. UN

**Clarity**—a quality of transparency or pureness. When the emotional body throughout all levels reflects the soul’s highest vibrational tone, much like light sparkling on clear water. CV

**Connection**—the ability to relate. When the soul relates to human consciousness. CV

**Contribution**—Each soul and therefore human is a unique expression of Creator Source. When we know our soul’s worth then we bring this uniqueness or “original medicine” as the Indigenous people say to the betterment of the planet. Related to the eleventh energy center above the crown of the head. UN

**Creativity**—the ability to bring into being. Divine inspiration brought through the sexual/creative energy center. CV

**Empathy**—ability to share in another’s feelings. Heartfelt compassion for all sentient beings. CV

**Empowerment**—a state of power or authority. An inner knowing of spiritual awareness. CV

**Enthusiasm**—passion. The ability to express reverence for life. CV

**Expression**—a showing of feeling; to voice in language. Resonance between how one perceives one’s self and how one is perceived energetically. CV

**Gratitude**—thankfulness. An emotional response that indicates awareness of receiving abundance, support or other wanted qualities. CV

**Growth**—Relates to the solar plexus energy center located above the navel. Growth is the primary quality of the soul and one of the requisites for life. Without growth, we stagnant and

move toward death. The soul's version of this is to become coarser in its vibrational tone. The evolution of conscious awareness of natural laws. CV

**Harmony**—a combination of parts into an orderly whole. When the inner tones of one's self are coherent with the tones of the Universe, (One Verse). CV

**Integrity**—When all parts of us are in vibrational integration then the highest integrity of the human consciousness and soul may express itself. When we are raised in an atmosphere of integrity then we have an open, trusting energetic stance to the world. This quality must be mastered before we can access certain levels of spiritual development. UN

**Leadership**—the ability to guide or show the way. Claiming sovereignty of one's life processes. CV

**Love**—If the act of creation is done in a field joy, creation itself is a field of love. When the feelings are translated into ratios (based on the pressure created by each feeling) love translates into the ratio of the golden mean. This ratio is the building block of form, including our own DNA. In the immortal words of those four great musicians of the 60s—"All we need is love." UN

**Mastery**—expert skill or knowledge. The integration of spiritual wisdom and biological development. CV

**Openness**—a state of accessibility. The mental state of allowing, without resistance. CV

**Play**—A universal need for all animals. When we play, we connect strongly with the nature spirit kingdom. UN

**Protection**—to be shielded from injury, danger or loss. An energetic stance of honoring one's divine gifts and using them appropriately, which in turn invites divine protection. CV

**Rest**—This quality is a Zen moment of unity with the Divine. The mind is finally still, the heart open, and the spirit enlightened. UN

**Reverence**—Allowing ourselves to feel the sacredness of life and spirit activates this Universal quality and keeps us from feeling cynical or jaded. UN

**Safety**—Until we feel safe we are not free to learn, heal, or reach our fullest spiritual and human potential. UN

**Self-Responsibility**—accountable for one's actions. Fully owning one's emotional, mental and energetic responses; responding only to soul's purpose. CV

**Serenity**—a state of peacefulness, calmness or tranquility. A quiet mind and heart in harmony. CV

**Service**—giving assistance to others. When the mind is in right relationship to the soul, then right action or service follows. CV

**Stillpoint**—the temporary cessation of the craniosacral rhythm in the body leading to greater order and organization throughout all systems. A state following surrender that resets internal rhythms to natural, universal rhythms. This sets the stage for an infusion of grace or divine assistance. CV

**Support**—hold up; keep from falling or sinking. An inner knowing that comes from the alignment of the bones to gravity; the response of universal energies to the inner knowing of support. CV

**Sustenance**—Relates to the base energy center located at the tailbone. Along with food, other qualities of sustenance are touch and emotional nurturing. All are qualities for physical, emotional and mental development. CV

**Synchrony**—simultaneous occurrence. The act of being in right timing. CV

**Trust**—a firm confidence in the honesty, integrity, reliability, and justice of another person. The mental state created upon choosing to believe in the ultimate goodness of the Universe. CV

## **Appendix D: Bach Flower Meanings as Used in the HSP Mastery Course**

*“The actions of certain flowers, shrubs, and trees that grow in the wild raise our vibrations and open our channels for the reception of the Spiritual Self.”* Edward Bach

Note: These explanations are from *The Encyclopedia of Bach Flower Therapy* by Mechthild Scheffer

**Agrimony**—the honesty flower. From pretended harmony to inner peace. For those who are always the peacemakers and want to live in an ideal world. Empowering statement: “I reveal myself.”

**Aspen**—the psychic flower. From dark premonitions to conscious sensitivity. For those who experience unfounded sensations of fear and danger. Empowering statement: “I am strong.”

**Beech**—the tolerance flower. From know-it-all to better understanding. For those who are unable to accept that no one is perfect, are overly critical of self, or cling firmly to prejudices. Empowering statement: “I see the possibilities.”

**Centaur**—the service flower. From passive service to active service. For those who are easily led astray by their desire to please. Empowering statement: “I am who I am.”

**Cerato**—the intuition flower. From indecisiveness to inner certainty. For those who cover all the bases to avoid making mistakes and lack good instincts and common sense. Empowering statement: “I pay attention to my first impressions.”

**Gentian**—the belief flower. From doubt to trust. For those who in every new situation doubt a positive outcome. Empowering statement: “I know everything works out right.”

**Gorse**—the hope flower. From giving up to going forth. For those who allow others to persuade them to try other treatments against their own inner conviction or who grew up with chronically sick people. Empowering statement: “I stand tall.”

**Heather**—the identity flower. From needy child to understanding adult. For those who are absorbed completely in themselves and have no awareness of others. Empowering statement: “I receive all that I need.”

**Holly**—the heart-opening flower. From hard-heartedness to generosity. For those who are envious, suspicious and have sudden outbursts. Empowering statement: “I am full of joy.”

**Honeysuckle**—the past flower. From then to now. For those who are stuck in memories of beautiful moments, regret not having taken advantage of a unique opportunity, and have no expectations for the future. Empowering statement: “I take the next step.”

**Hornbeam**—the vitality flower. From listlessness to mental freshness. For those who experience “mental hangovers,” or expect the work that they need to do to be very exhausting. Empowering statement: “I feel fresh.”

**Larch**—the self-confidence flower. From self-restriction to self-unfolding. For those who compare themselves to others in an inferior way, react hesitantly when offered a real opportunity, or have problems with self-esteem. Empowering statement: “I do.”

**Mimulus**—the bravery flower. From fear of the world to trust in the world. For those who imagine everything to be more difficult and dangerous than it really is or hypersensitive to sensory information. Empowering statement: “I step forward.”

**Mustard**—the light flower. From soul pain to soul grandeur. For those who are unable to enjoy anything, feel enveloped by a black cloud, or powerless to shift dark moods. Empowering statement: “I am in the light.”

**Pine**—the self-acceptance flower. From self-negation to self-respect. For those who feel guilty and then have trouble turning off the feeling, excuse them for feeling ill, depressed or exhausted; feel undeserving of love and responsible for other people’s mistakes. Empowering statement: “I am freed.”

**Red Chestnut**—the cutting-free flower. From symbiosis to autonomy. For those who have excessive concern for others, worry too much about the feelings of others, or burden others with worry over their well being. Empowering statement: “I am me and you are you.”

**Star of Bethlehem**—the comfort flower. From shock to reorientation. For those who are unable to accept comfort, can’t get over a fight that was unfriendly and hurtful, or let others get too close for comfort, then are unable to cope with them. Empowering statement: “I breathe.”

**Vervain**—the enthusiasm flower. From world savior to Light Bearer. For those who become incensed by injustice, are sure of what’s right for others or don’t know when to stop. Empowering statement: “I pace my energy.”

**Water Violet**—the communication flower. From isolation to togetherness. For those who feel isolated and not part of the group, won’t burden others with problems, or find it difficult to approach others. Empowering statement: “I belong.”

**Wild Rose**—the zest for life flower. From resignation to devotion. For those who feel no joy in life and have no inner motivation, accept the fate of an unhappy home, bad job, chronic illness or are apathetic. Empowering statement: “I demand life.”